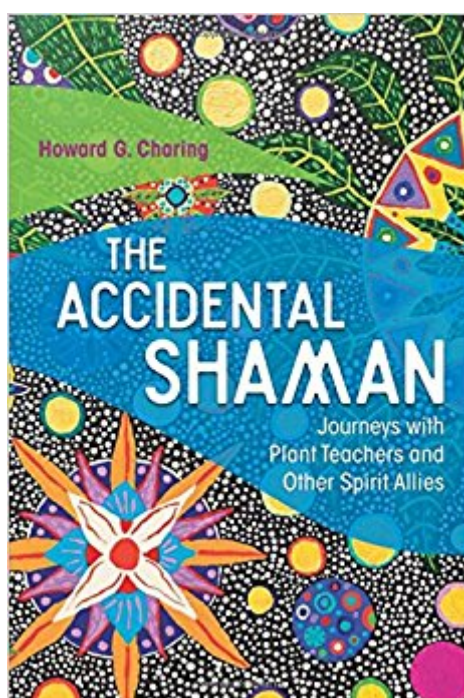


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# The Accidental Shaman: Journeys With Plant Teachers And Other Spirit Allies



## Synopsis

A story of awakening to remarkable shamanic powers, teachings, and techniques

Describes the author's work with plant spirits, entheogens such as ayahuasca, and indigenous shamans during his 20 years of fieldwork in the Peruvian

Explores the practice of soul retrieval and shamanic work with feathers, stones, and sound

Includes techniques for exploring non-ordinary reality, exercises for expanding sensory perception, and practices to open your creative artistic visionary potential

After surviving a serious elevator crash in London, Howard G. Charing found he had developed healing touch as well as the ability to hear voices and experience visions--just as a healer in Italy had predicted only a week before the accident. He began using his abilities to heal but felt he needed more guidance and training. He first connected with a national spiritual healing organization, only to be told he was doing everything wrong. Then, through a friend, he discovered shamanism.

Sharing profound teachings and extraordinary experiences from his more than 30 years of shamanic healing work, Charing explains how he accidentally became a shaman and completely changed the course of his life. He describes his work with plant spirits, entheogens such as ayahuasca, and indigenous shamans during his 20 years of fieldwork in the Peruvian , including his studies with the late visionary artist Pablo Amaringo. Investigating altered states of perception, he provides visionary techniques for exploring non-ordinary reality, exercises for expanding sensory perception, and practices to open your creative artistic visionary potential. Detailing the practice of soul retrieval, the author discusses why it is one of the most effective and profound spiritual healing practices and shares emotionally charged stories of successful shamanic healings he has attended. He also includes shamanic wisdom on working with feathers, stones, and sound and compares current research in physics with the vast body of experiential knowledge from indigenous spiritual traditions.

From the accident that started his journey to the many remarkable spiritwork encounters that have happened since, Charing's story will empower readers to begin exploring the realms of consciousness and energy that surround us and welcome the dissolution of the boundary between the physical and the spiritual.

## Book Information

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## Customer Reviews

“An amazing journey into the mystery of shamanism and a great personal story at the same time. Highly recommended.” (GRAHAM HANCOCK, author of *Magicians of the Gods*)

“The author’s honest narration of his long exploration of South American shamanism is a delight to read. Valuable insights from an author who walks his talk.”

(Nicholas Breeze Wood, editor of *Sacred Hoop* magazine)

“The author tells insightful shamanic stories based on personal experience while recognizing the wisdom of indigenous cultures. His book also contains precious wisdom regarding safety in contemporary shamanic practices.” (Jeremy Narby, anthropologist and author of *Intelligence in*

*Nature*)

“Although the author refers to himself as ‘the Accidental Shaman’ it becomes very clear from his shocking elevator crash to his stunning encounters with the indigenous people and their medicines that Howard G. Charing was chosen by powerful spiritual forces beyond his own ego control to walk the shamanic path of death and rebirth. His miraculous transformational journey has manifested in his being able to share his gifts with others also in need of deep healing.” (Linda Star Wolf, Ph.D., author of *Soul Whispering*)

“A must-read for anyone wanting to explore unseen worlds! Powerful shamanic wisdom that will guide you on how to consciously connect more fully with energy fields and the spirit world.” (Robbie Holz, coauthor of *Secrets of Aboriginal Healing*)

Howard G. Charing holds workshops internationally on shamanism as well as Plant Medicine Retreats in the Peruvian . He is the coauthor of *Plant Spirit Shamanism*, *The Ayahuasca Visions of Pablo Amaringo*, and *The Accidental Shaman*. He has written numerous articles that include original source field interviews of indigenous shamans. Howard’s personal website, [www.howardgcharing.com](#), features his workshop programme, his visionary art, and a solid selection of articles and interviews. In 2016, he organised the first major conference in East Europe dedicated to visionary consciousness. This conference featured luminaries such as Graham Hancock, Dennis

McKenna, Jan Kounen, plusmany others. Full details of this event are on the web at [sumiruna dot org](http://sumiruna.org)Ã Â Ã Â

The Accidental Shaman is a story about how Howard Charing became the shaman and healer he is today. I found his personal story to be genuine, authentic, entertaining, humorous as well as informative. Having read quite a few books on shamanism; Andean mysticism; ayahuasca; and other entheogenic medicines, I yearned to find someone who could connect the 'energetic dots' in an engaging way. In both my readings as well as in my personal encounters with ayahuasca curanderos, Andean paqos (mystics), modern-day neo-shamans; psychics; and facilitators of various entheogenic medicine, it has been difficult to find someone with a deep level of "cross-disciplinary" experience. Howard Charing's book is a gem in that it covers many of these topics -- not in an academic way, but from the personal perspective of one man who has a near-death experience and then tries to figure out what in the world is happening to him. Some of the stories I read had me wondering: "Can this possibly be true?" But having recently met the author and had the opportunity to learn from him, I can say without reservation that he is the real deal. I believe anyone with an open-mind and the desire to understand the energetic world around us should give this book a try. It may even change your life.

I love good true stories and Howard Charing's are over the top! I began my journey of awakening a few years ago and believe Spirit guided me to this book. I rarely go to bookstores but recently went to one to enjoy a cup of coffee while using the internet. While on my way out this book caught my intention and I'm so happy it did!! It is so interesting that I could barely put it down. I found it on for a lot less than I paid at the book store and send it as gift to friends and family. I can't wait to discuss it with them.

Love this book-- such a fascinating story, whether or not the reader believes in an interactive 'spirit world', it is a very enjoyable read. Offers a unique perspective on how our internal life affects the way we process everything in our daily life. Inspires fresh determination to let go of past difficulties and trauma, to find a deeper sense of freedom after lifting the burdens we forget we may be carrying around with us. Highly recommend!

I enjoyed the story so much that now I search for other stories. Excellence, well deserved.

I absolutely loved this book. It's right up there with my favorites by Sandra Ingerman, Alberto Villoldo and Izthak Beery. It is written beautifully, personably, brilliantly. He presents complex ideas in elegantly simple and lucid language. His personal experiences are fascinating and inspiring. The beginning story of what happened that kick-started his shamanic and mediumistic powers is riveting. I kind of skimmed his intro to the lower, middle and upper worlds, because I know that subject so well, but other than that--I read closely, highlighting much. Reading about Brother Roger in the Philippines was thrilling. Mr. Charing's amazing experiences inspired awe and wonder within me and I can't ask anything more of a book. I was thrilled from beginning to end and will reread it in time. He also gives great exercises at the end of each chapter. I normally am not inspired to try that kind of thing, but his suggestions were quite interesting and inviting. I would read anything this guy writes. If you are into shaman books, you will love this.

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